

Digestion Coach Office Policies and Fee Schedule:

Please read each section very carefully. If you have questions or need clarification, please ask Dr. Ettinger during your initial consultation.

Please be advised that Dr. Ettinger is not acting as your primary care physician. Dr. Ettinger is merely a private health consultant. Dr. Ettinger can also be your chiropractor or both.

Dr. Ettinger does not address urgent care, personal injury, worker's compensation, or primary care issues. Dr. Ettinger recommends that you have a current primary care physician (PCP) **Initial_____**

FEES

Your initial natural health evaluation and consultation will be between 60 and 120 minutes, depending on the complexity of the issue(s) to be covered and the number of records/tests that need to be reviewed. This initial office visit will include, but is not limited to, a review of all records and/or lab tests, consultation, time for questions, and the creation of a written protocol.

Natural Health Consultation, Email, and Phone Correspondence Fee Schedule:

- \$350 – 60 Minute, Initial Consultation*
- \$88 – Initial Consultation – each additional 15 minutes (review of records, lab tests, and/or detailed written program)
- \$176** – 30 Minute, Follow-up Consultation**
- \$88 – 15 Minute, Follow-up Consultation
- \$30+ (Based on time) E-Mail or Phone Correspondence (please read email/phone policies below)

*Please know your initial office visit may include time put-in before or after the in-person part of the visit.

**The average follow-up appointment time is 30 minutes. As health status stabilizes, it will be reduced to 15 minutes.

Chiropractic Initial Exam and Adjustment Fees:

- \$55 per visit

Initial_____

SCHEDULING, RESCHEDULING, CANCELLING, AND NO-SHOW APPOINTMENTS

- An up-to-date credit card authorization form must be kept on file for all the points below.

Initial Consultation:

- The initial consultation must be paid in full at the time of the booking.
- This fee can be refunded if at least a 24-hour cancelation notice is given.
- If less than 24-hour notice is given, the initial consultation fee can be refunded minus \$88.
- If you “no-show” for your initial consultation, your entire paid-in-advance fee will be forfeited.
- If you rebook the no-show initial consultation, you must pay in advance, and all future office visits will require prepayment. **Initial_____**

Appointments After Your Initial Consultation:

- You will receive an email and/or text message through “Setmore” reminding you of your appointment.
- Do not respond to the text reminder. Dr. Ettinger will not receive it.
- All follow-up appointments can be paid for during your visit.
- If you cancel your follow-up appointment with less than 24-hour notice, a \$25 charge will be applied to your next appointment.
- If you are a no-show for your follow-up appointment, you must prepay for the missed appointment and all future appointments, in advance, at the time of booking.
- A canceled appointment not rebooked within three (3) days is your declaration that you have chosen to resign from receiving future care from Dr. Ettinger. **Initial_____**

LATE ARRIVAL APPOINTMENTS

Dr. Ettinger is committed to being on time for your appointment. If you arrive late for your appointment, no matter the reason, your pre-booked time will end at the scheduled time, and you will be charged for the length of your original scheduled consultation. **Initial_____**

FOLLOW-UP APPOINTMENTS

Typically, at the beginning of your care, you are seen for the initial consultation and seen shortly thereafter to measure treatment response and/or modify your continuing care program. Dr. Ettinger will provide you with the expected follow-up time at your appointment based on your individual needs and protocol. Generally, treatment aims to help resolve current concerns and provide you with knowledge for better self-directed health care.

Once your health is stable and you are thriving, Dr. Ettinger recommends proactive check-ups once per quarter, though most patients continue with monthly appointments.

Initial_____

EMAIL, PHONE, TEXT, or LIVE ZOOM POLICIES

Dr. Ettinger will write up and/or verbally explain your nutritional protocol. That said, you may feel you need additional clarification. Also, during your care, you may have questions or situations that require direct communication, which is normal and understandable. Dr. Ettinger is here for you as your coach, and he wants you to succeed and regain the quality of health and life you desire.

(1) All issues relating to your care must be handled via an office, phone, or Zoom consultation.

(2) Please do not send Dr. Ettinger an email, text, or FB message asking for help, personal thoughts, suggestions, or to look at a particular article, video, or supplement... You can send Dr. Ettinger a message stating that you would like to schedule a brief consultation to discuss any concerns or questions.

(3) Dr Ettinger is your coach, doctor, or one of your doctors. Dr. Ettinger handles all business during business hours. Please be respectful of that.

(4) If you call or email Dr. Ettinger with a question that requires more than a 'yes' or 'no' answer, he will send/explain policies (1-3) back to you with an estimate of the time needed to handle your request. You can respond with confirmation that you accept the terms or call in to schedule a time for a phone or Zoom consultation. **Initial_____**

REPORTS, LETTERS, WAIVERS, ETC...

Dr. Ettinger DOES NOT write notes, reports, narratives, letters, or sign waivers of any kind - medical, legal or personal. Please be respectful and do not ask. **Initial_____**

INSURANCE INFORMATION:

Dr. Ettinger is not a Medicare provider and DOES NOT ACCEPT OR BILL health insurance. Dr. Ettinger does not assist in the resolution of insurance claims. Initial_____

SUPPLEMENTS AND MAILING OF SUPPLEMENTS

You can purchase most, if not all, of your supplements from Dr. Ettinger, but you are not obligated to do so. Overseas clients will need to do their product sourcing, which can sometimes make it challenging to implement health plans, so please be aware of this. Supplements, once sold, cannot be returned for a refund.

Dr. Ettinger will mail supplements, if needed, for a fee. Once mailed, you will receive a USPS tracking number. Once a product is mailed, Dr. Ettinger accepts no liability for its future, whether lost, stolen, or damaged. Dr. Ettinger will not refund or replace any lost, stolen, or damaged product once it is mailed. Initial_____

RECORDING APPOINTMENTS

Electronic recording of appointments and/or conversations with Dr. Ettinger is strictly prohibited unless prior approval is obtained. It is illegal and unethical to record a medical appointment without knowledge of the medical provider. If such a recording takes place, legal action may be taken. Initial_____

CONCLUSION

I have thoroughly read and initialed all four (4) pages of Dr. Ettinger's policies and fees. I have had an opportunity to ask questions. I understand that I may receive a copy of this document if I choose. By signing below, I agree to, understand and will abide by the above policies and fees.

Print Name: _____

Signature: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Cell: (____) _____ Email: _____

Date of Birth: _____

Date: _____